

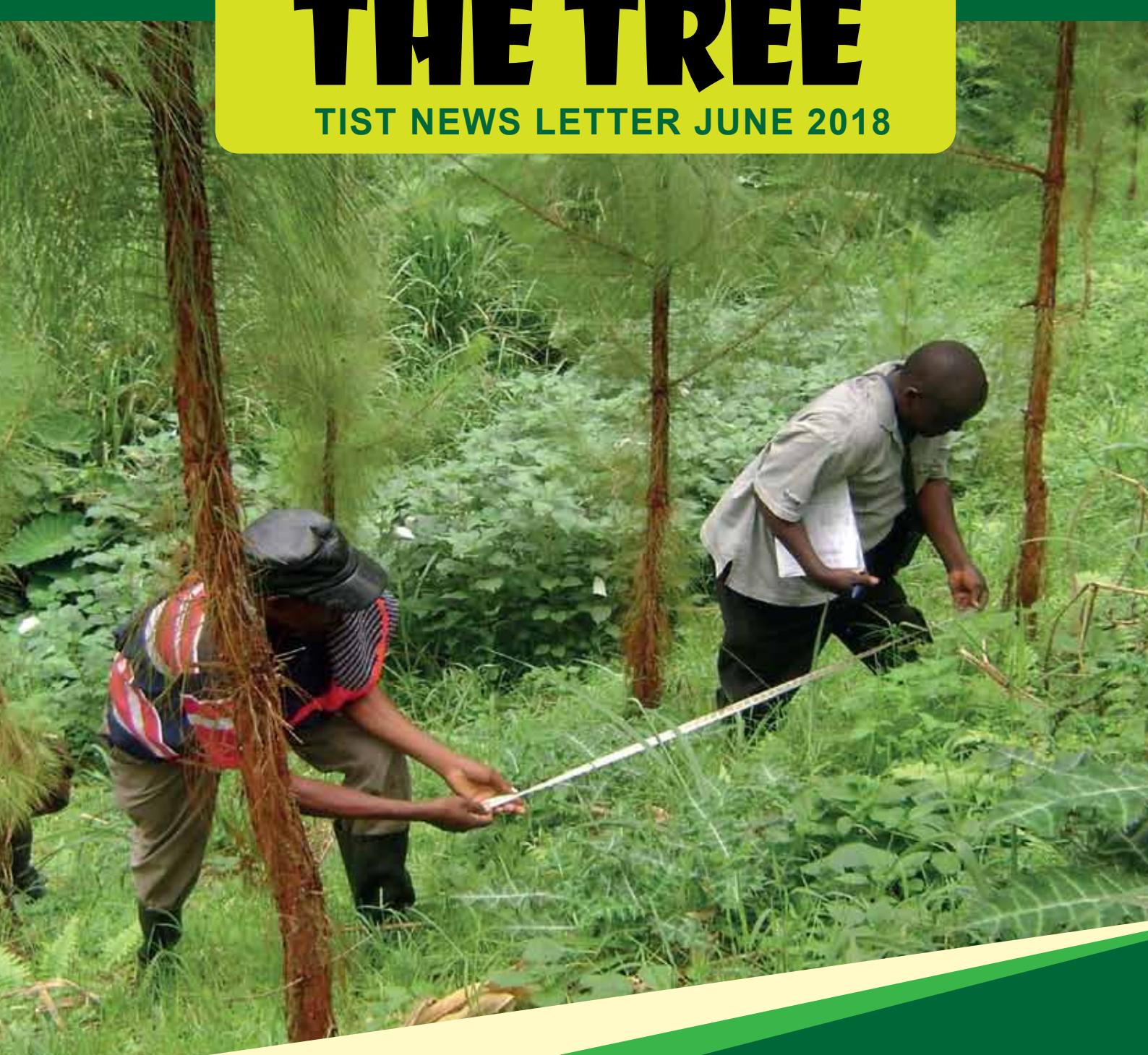


**TIST**  
The International Small Group  
& Tree Planting Program

CLEAN AIR  
**ACTION**  
CORPORATION

# THE TREE

TIST NEWS LETTER JUNE 2018





Kanungu quantifiers in group work during training workshop in Kabale



SG members learning on how to construct  
energy saving cookstove in Soroti



SG members after signing the GhG contract in Gulu



Locating boundaries by members  
during quantification Gulu

**The TREE** is a monthly newsletter Published by **TIST** Uganda, a project area of **The International Small Group** and Tree Planting Program.

#### **MISSION STATEMENT:**

TIST Uganda is a community initiative dedicated to empowering small groups of subsistence farmers to combat the devastating effects of deforestation, poverty and drought.

#### **OBJECTIVE STATEMENT:**

Combining sustainable development with carbon sequestration, TIST supports the reforestation efforts of over 25,000 subsistence farmers. Sales of carbon credits generate participant income while TIST today also addresses Agriculture, HIV/AIDS, Nutrition and Fuel Wood challenges.

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## **Contents**

This newsletter has been translated into different languages;

English.....	1
Runyankore.....	2
Ateso.....	3
Luganda.....	4
Luo.....	5
Kiswahili.....	6

### TIST HOLDS MEETINGS IN ATLANTA GEORGIA-USA

2nd – 11th April 2018. TIST was represented by Jeniffer Kithure and Alphaxard Kimani of Kenya, Pamela Barigye of Uganda, John Ambler, Vannesa Henneke and Ben Henneke from USA. We had a chance to hold meetings in Atlanta, Georgia, USA with Delta Airlines, which is the leading airline in the world. We also had classes with Emory University, Westminster School, and Georgia Institute of Technology.

We also visited the Coca-Cola headquarters and museum, which apparently is the world headquarters of Coca-Cola, plus the Atlanta Botanical Gardens and Delta Airlines Museum.

At Delta Airlines, “who are one of our carbon buyers”, we held a meeting with Delta staff who came to learn about TIST activities and achievements. As farmers and leaders from East Africa, we shared with them our experiences and gave our views as TIST leaders in our countries both in presentations and on video. There was another presentation from Tree Zero, a company where they make printing paper from wastes of sugar cane.

We had another very important meeting with the Delta Executives. Ben gave a presentation on TIST progress and we all had a chance to share our experiences as farmers and leaders from our countries where TIST Program is operating.

We visted the Delta museum, where we saw the history of Delta and we learnt of the new biggest plane which they have invented, called the “Queen of the Sky”. We were taken to a cockpit simulator with Captain Smith and we were presented a certificate for successfully flying the simulator, which was a big excitement to us. We look with optimism to increase our carbon sales with Delta, which will help us pay 70% profit with our TIST farmers.

We went to Westminster School, and talked with students 6 -12 years old. A Delta Airlines executive organized for us to visit this school because her daughter is a student at there and she had interest in TIST. She had watched TIST videos and really wanted to see us physically and have us visit her school. We had meetings with four junior classes, all of which are learning about Kenya, and shared our experience as TIST farmers. The students were excited and asked many questions about animals and what kind of food/fruits we grow and listened intently to what we had to share. There's hope that these children will be nature stewards in future. We attended an inspirational talk on enterpreneurship from Global Good Fund CEOs, and Impact Fund, held at Emory University, a school majoring in medicine and business. This also is an opportunity for TIST family who are innovative and can apply for the innovation fund. You can find information by checking “Google-global good fund”. In another meeting, we attended a class of environmental science at Emory University, where we shared our experiences as TIST farmers and leaders. We showed students the TIST website and a PowerPoint. They were eager to know more about TIST and had many questions. This helped us to achieve our COS, which was to make the students accept they can also do an activity to mitigate effects of climate change.

We visited Georgia Institute of Technology, another university which majors in technology. We had students ranging from biochemistry to mechanical engineering. We took the students to the TIST website and gave a PowerPoint presentation and had a chance to share our experiences as TIST farmers and leaders. Wherever we went, people welcomed us and were eager to learn about what we and TIST are doing.

### We learnt some exciting things during our visit in USA:

- We visited Coca-Cola museum and Atlanta Botanical Gardens, where we saw trees as old as about 100 years, which excited us as TIST farmers.
- People in USA pay for their very old trees in compounds to be cut and removed, instead of being paid. The price of cutting a tree is a minimum of ksh: 45,000, ugshs: 1,620,000/-.
- Atlanta has many trees planted. It is a city with a dense forest.
- Delta Airlines, as one of our carbon tonnes buyers, is willing to help TIST farmers expand and we hope they will increase the number of tonnes they purchase.
- We shared our experiences with students as leaders and how we have been groomed by TIST into leadership - especially women - through seminars and rotational leadership and building each other with “Kujengana”. We talked about how excited farmers are when signing payment vouchers and sharing the trees incentives and also other benefits.
- We encouraged them to “GO and DO”!

*By Barigye Pamela*

### EVERYONE NEEDS TIST

TIST is an organization that deals with farmer in the fields of planting trees, conservation farming and other trainings like HIV/AIDS awareness, Rotational leadership in our groups and many others that affect our daily lives positively.

### Why do we need TIST?

Everybody that God created was given authority to co create and look after what he was given by God including trees and water on earth.

TIST gives us chance as farmers to get together and form small group that end up us in many ways not only planting trees. TIST Ugandan mostly has improved the lives of farmers through getting incentives from tree counts and training and on how to make nursery beds and tree planting

TIST is not for the rich, poor, young and old but is for all. Let us plant trees for the better life.

Together we can

*By Arinaitwe Ezra*

## TIST MITIGATES CLIMATIC CHANGES THROUGH CONSERVATION FARMING

TIST Uganda is one of the most successful programs that is going to be able to mitigate Climatic changes in Kinaba and Kanungu at large through conservation farming

This method involves the digging of holes. Seeds are directly planted along with some organic manure. Crops aside and are retained and staple crops are rotated or inter cropped. Conservation farming has a promising means of increasing yields, conserving soil and water resources in Kinaba and Kanungu at large.

Conservation farming is a farming system that is going to be practiced by more than 1000 farmers in Kinaba and Kanungu at large. And it has been proved to increase food security in an environmental sustainable way. In relation to the fertility of the soil, conservation farming increases the fixation of carbon in the soil.

Conservation field can act as a sink of carbon and reduce emission in the atmosphere. Conservation, yield stabilization, reduces machinery use and lowers the cost compared to other cultivation systems.

TIST farmers have noticed a positive influence on crop yields, soil fertilization and erosion.

TIST farmers are proud to inform you that small holder farms using conservation practices are going to contribute mitigation against climatic changes.

Never the less the system increases the house hold food security economic and well being.

*By Bwire Twesigomwe Willy Cluster leader Kinaba Sub county.*

## BENEFITS OF TIST TO SMALL GROUP FARMERS

TIST has trained farmers on different methods of tree planting and areas where to plant trees. For example TIST trained farmers about planting trees in land boundary for example in banana plantations. Also planting trees in farm so that those trees can provide shade for animals.

When TIST started farmers were trained and encouraged to plant trees which later contributed to change in climatic season thus reducing on the dry season that we used to farmer's way back before TIST program.

TIST started a method of tree payments to farmers for every live tree which encouraged farmers not to harvest the trees they plant for TIST program.

TIST also introduced conservation farming system which was greatly adopted by many farmers. Also this system increased yield production among family house hold and the surplus can be sold for income.

*By: Nuwagira Micheal*

## GREAT NEWS FOR SMALL GROUPS WORKING IN CLUSTERS

Payment system and process has finally been changed, every six months there is going to be voucher generation for SG payments. Payments will be done in clusters during cluster meetings that are held every month in Uganda. When vouchers for small groups are generated, they will be sorted according to their clusters and cluster servants will carry the vouchers to the cluster meeting venue for signing during trainings and meetings.

The Cluster servant will give the voucher to the 3 small group representatives to take home for signing by other group members and that voucher will then be returned to the cluster servant in the next cluster meeting for verification.

The cluster servant will verify: *Signatures of the small group representatives, phone number in which to deposit the small group payment, national identification numbers for the 3 small group representatives.*

The Cluster servant will notify the office after verification of the signatures and phone numbers on the vouchers and the payment will be made through mobile phone by the office representative. Cluster servant returns voucher to the office for filling.

Small group Payments will be every month during cluster meetings until all the vouchers generated are finished by issuing 20% of the generated voucher every month.

When some of the vouchers are not signed by the group members, they will be voided, that small group will not be able to receive payments until six months are over. Small group members you are encourage not to miss such a big opportunity of payments, meetings and trainings in your clusters.

Come three, come all and enjoy the benefits of TIST program.

*By Bachwa Hakim*

### ORUKIJKO RWA TIST OMURI ATLANTA GEORGIA USA

TIST ekagiraho orukiko omuri Atlanta America kuruga ebiro 02 - 11 / 04 / 2018. Ruketabwamu Jenifter kilthure na Alphaxard Kimani kuruga Kenya, Pamela Barigye Kuruga Uganda, John Ambler, Vannesa Henneke na Ben Henneke kuruga USA.

Tukagiraho omugisha kubugana aba Delta Airlines ekitongore kyenyonyi ekirikukirayo obuhango omunsi yoona. Tukagiraho endijo mishomo na Emory yunivasite Westminister school na Georgia Institute of Technology

Tukatayaayira ekitebe kikuru kya Coca Cola na Atlanta Botanical Gardens neibikiro ry'ebakaree erya Delta Air lines, abarikugura, orwoya rwaitu twabagana amakuru agakwatiraine na TIST omu East Afrika kandi omurimo ogurikukorwa Ben.

Tukashomesibwa okutwakubaasa kukanya orwoya rwaitu kandi tukashashura ebicweka 70% byamagoba omubahingi baitu.

Tukaza omwishomero rya Westminister kandi ababaire baine ekihika kyokutureeba namaisho reeru twabagana amakuru marungi aha TIST

Tukagiraho omushomo na Global Good run fund na Impact fund kandi twareeba emihanda y'okutungamu obuhwezi bwesente Tukatayaayiraho aba Georgie Institute of Technology twabashomesa ahabikwatiraine n'abahingi n'emikorere ya TIST.

Ahu twagiire hoona abantu bakaba nibenda kumanya ahbirikuwa omuri TIST.

### EBITWAYEGIRE OMURURAMBURO RWAITU OMURI USA

- Tukareeba emit i eine emyaka 100 na kandi twaza nomuri Cocacola
- Abaluragye nibashashurira okutema emit yaabo ekuzire omumwanya gwokushashurwa.
- Okutema omuti gumwe ni shilling 45000= kuza ahari 1,620,000= kurugirira aha bukuru bwayo.
- Aba Delta Airlines bakoreka ekyetengo kyokugura orwoya rwingi kuruga omu TIST omuri East Africa.
- Tukabagana ahamakuru marungi ga TIST omubeegi namunonga omubwebembezi n'okukora ebigombe nokwihamu amagoba.
- Tukabahiga kugyenda bakatandikiraho.

*Nebya Pamela Barigye.*

### BURI OMWE NAYETENGA TIST

TIST nekigombe ekirikukoragana n'abahingi omu kubyara emit, kandi kihingira okurinda eitaka, kwegyesa ahandwara ya Siriimu, obwebembezi bwokwihihana omuza guruupu nebindi ebirikukwata ahamagara gaitu obutoosha.

### AHABWEKI NITWETENGA TIST

Buri muntu ou Ruhanga yaahangire akahebwaa orusa kwongyera ahabi Ruhanga yaahangire nkemiti na amaizi ebiri omunsi

TIST Uganda etungwire amagara gabahingi omukweterana oteireho nokubyara emit

TIST etungwiire entuura yabahingi kurabira omukutunga akasiimo kuruga omumiti yaabo, omu kushomesibwa, omukubendeeka emit n'okugibyara

- TIST neya boona, tiya abagaiga, abato nari abakuru baitu neyaboona.
- Katubyare emit ahawamagara gaitu

*By Arinaitwe Ezra*

### EHIRUNGI EBI TIST EKORIREIRE ABAHINGI BEMITI

1. TIST ekataho nokushomesa abahingi ngu nawaba oine eitaka rikye nobaasa kuhinga emit orukugibyara omun sharosharo yorutoky Ninga omumarisizo kandi emit nebara kuha amatungo gawe ekibunda.
2. TIST kuyayizire yatandika ehururu yokushomesa abahingi okubyara emit ekiresire okukanya kwenjura nokucen deza ekyanda ekyabaire kitutera ahawobutabyara emit.
3. Okushahsura abahingi sente zokureberera emit yabo ekitumire abahingi babyara emit omubwingi.
4. Ebyo bikiri aho TIST ekeyongyera nokushomesa aha mpiga yomutindo orikuhiinga norinda orwezo ekirikumanywa nka (conservation farming) ekiresire abahingi nibashaarura ebihingwa byingi kandi bakasigaza nenshagi.

*Nebya: Nuwagira Micheal*

### AMAKURU MARUNGJI AHABWA GURUUPU ZIRIKUKORERA OMUMPAGARA

Enshashura yakasiimo ehindukire. Nihaza kubaho enshashura yaza guruupu enkye bwanyuma yamezi 6, eki nikija kuba nikikorerwa omunkiiko zempagara zaaba zishutami kandi ekinikija kuba nikikorwa abaheereza baza guruupu kugira ngu bateho emikono yaabo.

Abaheereza aba nibajja kutwara za vookya ezi ahamwanya ogu bamemba barikwerundaaniraho ohabwa emishomo nenkiiko za TIST reru bamemba bazitware omuka kwenda ngu bamemba baza guruupu enkye bateho emikono yaabo reru orukiiko orukukurataho bamemba bagaruze vookya ego eyabhairwe.

Abaheereza aba nibajja kwijuza amaziina gaba jwekyerwa ba za guruupu, amasimu gaabo endanga muuntu zaabo reeru akasiimo kashashurirwe ahamasimu gaabo.

Bwanyima abaheereza foomu bazigarire aha ofisi.

Enshashura egi neija kuba nekorwa burikwezi omu nkiiko zempagara zaaba zishutamire. Nihaja kubaho okusharura vookya zirkwingana 20% buri kwezi kumara amezi ataano, reeru omukwezi kwamukaga vookya ensya zigaruke zikorwe

Foomu zaaba zitahamibwe nemikono yaba memba, tibarikwija kushashurwa kuhisya ameezi 6 gahwaho.

Za guruupu enkye nize hanangirizibwa obutafeerwa omugisha ogu nomumushomo yanyu.

*Nebya Bachwa Hakim*

## ATESO

### ABU TIST KOJAIKIN AURIANET AKWAP NA AMERICA AIBOISIT NA ATLANTA GEOGIA

2nd-11th Omaruku 2018. Apotu sio kwape Agwoikinitok TIST Jeniffer Kithure kede Alphaxard kimani lu o'kenya, ka Pamela Barigye na o'Uganda, John Ambler, Vannesa Henneke ka Ben Henneke lu America kojaikinos aurianet ngin. Apotu sio kajaunos kede arereng na aurianet ka ngin kotoma Atlanta, Georgia, America kede erionget loka Delta airlines lo erai eisawe lo idegei lo epol ka kwap kere. Apotu sio, kajai kinos toma aisiaus kede Emori University, esomero loka West Minister ka Esomero loka etatai loka Georgia. Apotu sio kepejoikisi aiboisit na apolon naka coca-cola ka aiboisit na ingadatere iboro lu einono. Ne da erai aiboisit na epol naka coca-cola kakwap kere, ka amisirin nu itojokaritai nuka Atlanta ka Delta Airlines.

Ko Delta Airlines "lu erasi idopet kotoma agwelak ekwam wok," apotu ajaikinos aurianet kede eswamak kec lu apotu kisisiautu nu ikamanara kede TIST, akec swamisinei kede adumuneta kwape akoriok kede engarenok luko kide naka kwap naka erionok, apotu amorata amisiareta kosi kede ainakin aomisio kosi kwape engarenok luko TIST kotoma akwapisinne kosi toma oiner kede aitodian aputosis. Ajai einer lo abu kolom kanejai Tree zero ekampuni lo isomai apapulai kotoma agasia na eikajo/eitola.

Apotu kajai kinos aurianet ace na epol kede engarenok luko Delta. Abu Ben koinak eke einer kwape elosiotu aswamisio nuka TIST ingaren ido apotu kamorata amisanrit kosi kwape akoriok ka engarenok lu ilomunit akwapisinei nu ejai eprogram loka TIST iswamai .Apotu kepejoikisi aiboisit na einono naka Delta nedaa apotu aanyunatar iboro lu kolo luko Delta ka ajenun da nuka edege lo apolon ka kwap kere lo asubunitos kesi onyarite "ikwin na odoon" (queen of the sky). Apotu alototo toma aiboisit na itopororere edege kede ekaputen Smith lo abu kijaik sio a satifket kanu apedor agwetakin ka aitoporor edege ibore yen arai yen kaiyalama ka ne ija sio.

Kiteikinit kede amuno aiyatakin wok agwelanar na ekwam kede Delta na ebuni aisinyikokin ataco na 70% ameda neja akoriok luko o'TIST.

Apotu kepejokisi esomero loka West minister, kamorata da kede esisiak lu ikaru 6-12 lu apolou. Abu angarenono naka Delta itemoki apejo na toma osomero ngon narai ajai akokie ngina na epuda noi aijen airo nu ikamanara kede TIST. Eteenenai ngesi TIST kotoma aputosis ka ibidion kipuda da noi aanyun kede akonye ka sio aipejokin esomero ke.Apotu kajaikinos kede aurianeta kede atukona aogon nu nuka junia (ludidik) narai kesisiate airo nu ekamanara kede Kenya ka aimor amisiarit kosi kwape akoriok nuko TIST. Apotu esisiak kiyalamikinos noi kede aingitngit da aingiseta nu ikamanara kede itiang ka iponesio nu inyamat ka araito na ikoriei sio kitoikitios aki noi apupokit nu imori sio ka kes. Ejai amun iduwe lu araud lu isinyikoikinet ejautele lo akwap ko ingaren.

Apotu kajaikinos toma aisiaus kede Global Good Fund CEO, kede Impact Fund kotoma ounibasity loka Emory, esomero lo ekiya (Amukian) kede aicurus. Erai na arereng ne jai ateker naka TIST lu emunos akotokin ikosin ka lu. Ipedori jo adumun nu ipu toma alago kec "Google-global good fund." Apotu bobo kamorata kede atukon naka science kotoma ounibasity loka Emory kwape akoriok luko TIST ka engarenok. Apotu ketodikisi esisiak elago loko TIST. Kepudasi noi aisiaus nu ikamanara kede TIST, kojasid da kede aingiseta nu epu. Abu na ingarak sio adumun nu itogogongoro kotoma aswamisinei kosi kwape aisinyikoikin esisiak da toma aitemokin ekuse lo ikwamin.

Apotu epejoikisi esomero loka etatai loka Georgia eunibasity lo ikamanara kede etatai. Apotu kajaikinos kede esisiak nu ipu lu iswamaete ikosin lu etatai.

Apotu kamorata kede esisiak nu ikamanara kede TIST kotoma alago kede alimonokin kesi aswamisio nuka TIST toma aidules kwape akoriok ka engarenok nuka TIST. Ne kilosi sio kere apotu itunga ijautu sio ejok kipudasi da noi aisiaus nu ikamanara kede TIST ka nu iswamai oni.

#### Apotu esisiautu airo nu itelelete kotoma apejo kosi America.

- Apotu kepejoikisi aiboisit na einono ka iboro lu kolo luka einono ka orionget loka coca-cola ka Atlantic Botanical Gardens. Ne da kiwanyuna ikito lu ikaru 100 (akwatat) ibore yen abu isiyalamik sio kwape akoriok nuko TIST.
  - Etacete intunga lu Amerika isirigin kanu ikito lu amojon gata alejandro kotoma alarieke kec, aiboisit na kesi atacio. Kotiai lo edit akere lo K sh 45,000 arai Ug shs 1,620,000=. Atlanta ngesi aiboisit na ejaatar ikito lu ipu noi iraitai. Ejatatar amagoro na epol noi.
  - Delta Airlines kwape erionget lo apolon lo egweli ekwam wok, isumunikinit aingarakin akoriok nuka TIST anyanyar, ido imuno kesi aiyatakin itanin nu ekwam lo egwelete kesi.
  - Apotu kamorata kede esisiak toma amisiarit kosi kwape engarenok ka eipone lo engarakina sio TIST araud engare nok lu itekoro. Nonoi angor-kotoma aitutonoreta ke eingarenone lo isirimio. Ka adukonor bonik ka bonik toma "kujengana." Apotu kenerata eipone lo iyalamatotor akoriok kanu aicik akanin toma apapulai nu etace ka aimor ikapun lu ikito ka ajokusio ace da.
- Apotu esinyikoikisi kesi ALOSIT ASWAM.

#### Ewadikan Barigye Pamela

#### IPUDA NGIN TUNGANAN TIST.

Erai TIST erionget lo iswamanara kede akoriok kotoma aira ikito, akoru na itekoro ka aitutoro ace kwape nat ainakin itunga aijen na Eseny kede ekurut lo eyauni eseny, Aingarenikin na isrimo kotoma ogurupun wok kede nuce da nu ikamanara kede aijar wok na duc.

# **TIST UGANDA**

ODUNGE 2018

## **KANU INYO IPUDAR ONI TIST.**

Ngin tunganan yen esubit Edeke aponi ainakinai apedori na ngesi da aisub kede aidar lu ayinakit ngesi Edeke imoriarity ikito kede akipa ka kwap.

Einakini TIST arereng ne ja akoriok kanu kesi aimorikikin adukunun atukona nu didik lu mam erai alosikinet kec aira ikito bon.

Etojoka TIST Uganda ejare lo itunga (akoriok) kotoma adumunun ikapun idis lu elomununete kokito ka aitutorio oipone lo aipepe ka aira ikito.

Mam TIST ejai kanu aluabarak, arailu ican, arai ludidik, arai imojongai konye kanu kere.

Erata ikito kanu aijar na itojokara.

Oni kere ipedori

*Ewadikan Arinaitwe Ezra*

## **ITIKITIKET TIST EKUSE LO IKWAMIN KOTOMA AKORU NA ITOJOKARITA**

Erai TIST Uganda ediope kotoma oprogramun lu apedosi aitikitik ekuse lo ikwamin ko kinaba kede kanungu kotoma akoru na itojoritai.

Erai na abokio na aipanya, ido aipikanikin ebolia kiraite da ikinyom toma kec. Ipedori da aimormor ikorion toma kec. Erai na akor na itojokarita. Kopedori ayinatin akorion esake lo ejak aidar alupok ka aiboisio nu akipi da ko kinaba kede kanunga akere.

Erai akoru na itojokaara eipone lo akoru lo ebeit akoriok nu edeparete 1000 aitwasam ko kinaba kede kanungu toma aileleba. Ido eyataki ayuwara na inyamat koipone ka lo ibusakit. Iyatakini da ebolia toma alupok.

Akoru na itojokara na iyatakini alemanar ekwam lo aronon lo epuriei kuju, aisak na ikeuna, itidisary aitosomao na acuman ka igaraman ice da nu akor.

Adumutu akoriok luko' TIST ajokusio kanu akor ka na kotoma osake lo ikeara, aiboliaikit na alupok, ka amamus alelianar na alupok.

Ido iyalamasi akoriok nu o'TIST aitjeniken yes ebe ebeit kesi aitikitik ekuse lo ikwamin kotoma akoru kana ka aitojokar ejare lo okalia ka inyamat da.

*Ewadikan Bwire Twesigomwe Willy Cluster Leader Kinaba Sub-County*

## **AJOKUSIO NUKO TIST NE JA AKORIOK LU ATUKONO NU DIDIK.**

Etutono TIST akoriok ipenesio lu ipu lu iraet ikito ka ne iraa da. Kwape nat oikoruon ka toma amugog da. Aria bonat apukor emisiri lo ikito bon lo da ingarakinit itiang lu okutui

Kotoma ageunet naka TIST, abu kitutono akoriok ka aisinyikoikin kesi aira ikito ne da kwana etojokara ekuse lo ikwamin ka etepe da lo idoun. Etidisia ecae da lo amina airinikin awoja.

Abu TIST kategia ataco na isirigin kanu nge kitoi lo ejari, ibore yen abu kisinyikoiki akoriok aira ka aidar ikito komam aijep.

Abu TIST kategia da akoru nge na itojokaara na apotu akoriok lu ipu kirokutu. Ido da ne ekeunia edumune lo inyamat kokalia kanu agwelar da.

*Ewadikan Nuwagira Michael*

## **IYEMUTO NU ITELELETE NE JA ATUKONA NU DIDK NU ISOMAETE TOMA AIBUNGENA.**

Alomutu kwana aijulanakineta toma oipone lo etace. Kagon lapo ikanyape ebuni akoraro naka apapulai nu etace ajaun kanu aitac akoriok. Ebuni ataco ajaikin toma aibungena kotoma aurianeta kec nu aibunget nu ejainikinos kongan lap.

Ne itolomunere apapulai ngun nu etace kanu atukona nu didik, ekoraro kes kotupitete aibungena nu elomuni totor kesi ido da ijaikino ejanakinak kotoma aibungena ngun kanu akorakin itunga aidok akec kanin toma apak na aurianet.

Ikopakin ejanakinan aibunget apapula ngin neja imeban 3 lu elomunito atukot na didi kanu kesi ayangar ore tetere edeporete luce meban da aidok akec kanin kinyakunete toma aurianet na etupakini.

Irerori ejanakinan aibunget; akanin nu idokitos imeban, lu egwoikitos atukot, enaba lo esimu lo ebeit aijukakin apiyai ka enaba lo aiwadikaun lo akwap lo imeban kangun.

Kedau ejaanakinan aibunget aireror iboro ngun kere, itejenikini ngesi eyapesi luda etacakineti apiyai ngun. Ka ainyakar da apapula ngin na etace oyapesi kanu aingadakinio.

Eraun etace lo ngon lap kitoni ne edaunototor apapulai ngun nu etace nu itolomunitai kotacanarete 20% kotoma apapulai ka ngun ngol lap.

Arai mam imeban idokitos akanin toma apapula ngin na etace, mam eponio aitac atukot ngin kitoni ilapio ikanyape angetakin. Aso ekot imeban akukuranut ajainikin aurianeta nu angon lap. Kotoma aibungena.

Kopotu iuni, kopotu kere kodumutu ajokusio nuko TIST

*Ewadikan Bachwa Hakim*